

# Bling & Bliss Boutique Patch Application Guide

Step-by-Step Instructions to Make Your Patch Pop! 💖



## Iron-On Instructions

### (No Heat Press? No Problem!)

#### What You'll Need:

- ✓ Chenille patch
- ✓ Home iron (steam OFF)
- ✓ Pressing cloth (pillowcase or thin towel)
- ✓ Flat, heat-safe surface



#### Iron Settings

**Heat:** High (Cotton setting, 300–320°F)

**Steam:** OFF (dry heat only!)



#### Step-by-Step:

1. **Pre-Press the Garment:** Iron the area for 5–10 seconds to remove wrinkles and moisture.
2. **Position Your Patch:** Place your patch where you want it – adhesive side down.
3. **Cover with a Pressing Cloth:** Lay a cloth over the patch to protect it from direct heat.
4. **Press Like a Pro:** Firmly press the iron straight down for **20–30 seconds**. ❌ Don't slide the iron – just press.
5. **Flip & Seal:** Turn the garment inside out. Press directly underneath the patch for another **20–30 seconds**.
6. **Let it Cool:** Allow the garment to fully cool before touching or wearing.



## Heat Press Instructions

### (Pro-Level Finish)



#### Time & Temp Settings

- **Temperature:** 330°F
- **Time:** 15 seconds
- **Pressure:** Medium to Heavy



#### Step-by-Step:

1. **Pre-Press the Garment:** Press for 5–10 seconds to eliminate wrinkles and moisture.
2. **Place Your Patch & Cover:** Use parchment paper or a Teflon sheet over the patch.
3. **Press:** Apply **medium to heavy pressure** for 15 seconds.
4. **Flip & Seal:** Turn the garment inside out and press from the back of the patch for another **15 seconds**.



#### What's Medium to Heavy Pressure?

- **Medium Pressure (4–6 PSI):** Great for standard HTV, DTF, and thinner materials.
- **Heavy Pressure (7–9 PSI):** Perfect for thick patches, puff vinyl, and layered applications.



For best results, always patch onto cotton, denim, or canvas. Avoid heat-sensitive or stretchy fabrics.

Let your creativity shine — and tag us @blingandblissboutique to show off your look! ✨

**Disclaimer:** These instructions are provided as general guidance. Results may vary based on garment type, patch style, and equipment used. Please test before full application. Bling & Bliss Boutique is not liable for any damage resulting from misuse or deviation from these instructions. Always follow your equipment and material manufacturer's recommendations. Use at your own risk. **Copyright © 2025 Bling & Bliss Boutique.** All rights reserved. This document and its contents are the intellectual property of Bling & Bliss Boutique. No part may be copied, shared, or used commercially without written permission. Unauthorized use may lead to legal action.